

Campus Icarus works to break down the barriers between what is commonly considered "normal" and "disordered". In our culture, it is easy to view ourselves as broken and in need of fixing – a powerful metaphor that can begin to shape one's reality. Instead of subscribing to societal standards, we recognize the multiplicity of mental health experience and strive to maintain a community that regards psychic diversity as something to be respected and even celebrated. Our community encourages personal engagement in a process of self-determination and self-definition. Together we foster a forum for change, creating a space where anyone, with personal, academic, or professional intentions, can come to challenge and reform the social binary of psychic "sameness" and "difference". Whether you subscribe to diagnostic labels or not, take medication or not, you can become a part of the movement working to create an open and accepting environment essential to everyone's wellbeing.



friends make the best medicine