



# campus icarus



Campus Icarus is a student-led initiative of The Icarus Project, a radical mental health collective. As student organizers, we recognize society's problematic relationship with mental health and are working to open the dialogue around these issues at colleges and universities. We find matters of emotional distress and extreme states of consciousness often silenced on our campuses, which perpetuates a culture of shame that only exacerbates students' struggles. Campus Icarus challenges the prevailing concept of "mental illness", questions the ever-expanding use of diagnostic labels, and works to both educate and empower student consumers of mental health services.

As a learning community, peer support system, and activist network, we work to develop creative approaches to psychic diversity and mental suffering. We expand upon the existing mental health services offered to college students by creating peer-run safe spaces where students explore alternative interpretations of their experiences, receive and offer mutual support, and challenge the existing status quo.

[www.theicarusproject.net/campus](http://www.theicarusproject.net/campus)

