

Community Website, Support, and Publications By and For People Struggling With Madness and Psychiatric Diagnosis

The Icarus Project

was created by people labeled with psychiatric diagnoses such as "bipolar," and "schizophrenia" who view our experiences as mad gifts rather than diseases or disorders. By taking care of our double-edged blessings, we can reach places of great vision and creativity. But like the mythical boy Icarus, we also have the potential to fly dangerously close to the sun -- into realms of trauma and isolation -- and crash in a blaze of fire and confusion. At our heights, we create music, art, words, and inventions which touch people's souls and change the course of society. At our depths, we may find ourselves alienated and alone, incarcerated in psychiatric institutions, or dead by our own hand. People like us have been persecuted throughout history, but despite the risks we face, we also believe we are capable of some of the world's most brilliant contributions.

www.theicarusproject.net

Icarus image: drooker.com